



Living in Recovery Housing

Recovery Housing provides supportive, illicit drug and alcohol-free living environments for people with substance use disorders. At the foundation of recovery housing is peer-to-peer support. Residents are commonly assisted with obtaining addiction and recovery support services and any other services needed to get their lives back on track.

Recovery Housing and Treatment

Some people living in recovery housing may be participating in addiction treatment or other recovery services. Some residents may not be in services because they completed treatment or may have extensive time in recovery.

This safe and sober living environment is designed to help build a strong foundation in recovery. Residents provide peer support and encourage each other to remain sober and focus on a healthy and purposeful life.

Levels of Recovery Housing

Level I: is democratically run by residents who live together like a family. Housing is often provided in single-family homes. There are no paid positions to run the house. There are no formal supports, the residents provide peer support and house meetings.

Level II: is monitored by a house manager. Residents share community spaces and may have roommates. Residents are supported in accessing community services including treatment, healthcare, employment, and connection to the recovery community. Within the housing, residents create recovery action plans, provide peer support, and participate in house meetings.

Level III: offers supervised living and has staff that are connected to a larger organization. Supportive services include life skill development such as budgeting and employment skills. Community providers may offer services on site for residents. Peer support and recovery action planning are still the central focus of the support.

Level IV: is considered Residential Treatment in WV. Residential treatment services are certified and monitored by the Office of Health Facility Licensure and Certification (OFLAC) and WVARR.

What should I expect in Recovery Housing?

- A positive, recovery-focused environment with support for abstinence
- Other people in recovery who want to give and receive practical help
- Connection to community services which may include treatment and/or recovery support groups
- Life skills development and employment
- Structure and routines designed to support a life in recovery from substance use



WVARR
West Virginia Alliance
of Recovery Residences

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