

Recovery Residences: A Vital Resource

Recovery Housing provides supportive, illicit drug and alcohol-free living environments for people with substance use disorders. At the foundation of recovery housing is peer-to-peer support. Residents are commonly assisted with obtaining addiction and recovery support services and any other services needed to get their lives back on track.



RECOVERY RESIDENCES WORK

Research shows that residents of recovery housing have an overall improved quality of life, including:

- Decreased substance use
- Decreased incarceration rates
- Increased income
- Increased family and social relationships
- Improved psychological and emotional well-being

Who Needs Recovery Residences?

People who are newly abstinent or in recovery and want a supportive living environment.



People participating in or completing treatment and who need supportive, affordable housing.



People who are homeless or unstably housed and want a recovery-focused environment and access to peer support.

KEY CONCEPTS

RECOVERY

Addiction is a chronic disease. Recovery is a process of change through which people improve their health and wellness, live a self-directed life, and strive to reach their full potential. Sobriety is a vital part of full recovery.

LIVING ENVIRONMENT

The styles and sizes of recovery housing varies from house to house. Recovery Housing may be a single family home, an apartment building, or another larger structure. Regardless of the house setting, residents are committed to sobriety and support one another in recovery.

PEER SUPPORT

Residents provide mutual support and accountability for continued sobriety within the house. They connect to the larger recovery community, too.

SERVICES

Residents remain engaged with needed services and resources in the community to support and strengthen their recovery.



WVARR
West Virginia Alliance
of Recovery Residences
www.wvarr.org